



Aftercare Instructions

Any problems call us on: 01444 454411
or email us at: Info@tattoo-fx.co.uk

DO

- Be as clean as possible. Your new tattoo is an open wound and should be treated as such
- Always wash your hands thoroughly before cleaning your tattoo
- Wash your tattoo with clean warm water and an antibacterial liquid soap
- Pat it dry with a clean piece of kitchen towel
- Leave it for at least 5 minutes to air-dry before applying El Gato Negro Cream (we sell this)
- Use El Gato Negro Cream sparingly, (too much cream may cause problems)
- Re-cover your tattoo using clean cling film. Keep it covered in this way for two to three days (including nighttime). You can purchase a second skin such as Dermalize or Saniderm to cover your tattoo if you work in a dusty or dirty environment and you may need to do this for longer
- After the initial healing period use Palmers Cocoa Butter or Aveeno Oat Cream for at least ten days
- Use clean cotton bedsheets
- Use clean clothing daily

DO NOT

- Take long baths. Showers are much better but don't soak your tattoo for extended periods
- Swim for at least a week to ten days
- Sunbathe or use a sun-bed for at least a month
- Sweat in the tattooed area for at least a week to ten days
- Pick, scratch or itch your tattoo as it is healing
- Let animals lick or lay against your new or healing tattoo
- Use harsh chemicals on the area as they may irritate your tattoo
- Wear tight clothing over your new tattoo, also avoid polyester, fragrances, dirt, dust, animal hair and chemicals

Please be patient as healing times can vary and the size of your tattoo also needs to be considered. If your tattoo gets 'angry' or isn't healing well, please do get in touch we are always happy to provide advice.

Please remember to get the best end results we recommend you follow our guidelines as you are responsible for your tattoo aftercare